



environment day 2004

World Environment Day 5 June

Pledge Sheet

Over the coming year, we want people to pledge to do activities that will lessen their impact on the environment. The ten pledges below will:

- reduce the amount of carbon dioxide in the atmosphere, helping to lessen the major source of global warming, or
- save water, helping to preserve our increasingly pressured resources, or
- reduce the amount we dump in our decreasing landfill space or, worse still, being discarded as litter.

Please fill in the following details to record your pledge for environment day 2004 and hand it to the Environment Agency member of staff on the environment day 2004 stand. We will add up all pledges received over the year, and publish the totals on our website.

First Name Surname

Postcode Email address

Please tick the box next to ONE of the following 10 pledges:

- | | |
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| <p><input type="checkbox"/> I will replace one two-mile car journey per week by walking, cycling or taking a bus. Over the year, this will stop around 27kg of carbon dioxide being emitted. We would need nine trees to absorb this amount from the atmosphere.</p> | <p><input type="checkbox"/> I will replace one lightbulb in my house with an energy saving version. Over the year, this will result in 20kg less carbon dioxide being emitted into the air, the same as that absorbed by seven trees.</p> |
| <p><input type="checkbox"/> In the next year I will plant one tree either in my garden or as part of a community forest. Amongst other benefits, this will remove around 300kg of carbon dioxide from the atmosphere over the next 100 years.</p> | <p><input type="checkbox"/> I will start re-using plastic bags when shopping. If I throw out four fewer bags a week, this will prevent 2,288 plastic bags ending up in a landfill site, where they would take 20 years to decompose.</p> |
| <p><input type="checkbox"/> I will put a 'water hippo' in my cistern to reduce the amount of water used per flush. At an average of four flushes a day, this will save 4,380 litres of water in a year, the total consumption by one person in some African countries.</p> | <p><input type="checkbox"/> I will switch off my television rather than leave it on stand-by. This will save around 30kg of carbon dioxide being emitted into the atmosphere – we would need 10 trees to absorb this amount.</p> |
| <p><input type="checkbox"/> I will turn the tap off when I clean my teeth. If I brush my teeth for four minutes a day, this will save around 17,520 litres over the year, a saving of about £15 if my water is metered.</p> | <p><input type="checkbox"/> I will hang out, rather than tumble dry, one load of washing per week. Over the year, this reduced use of electricity will save over 78kg of carbon dioxide being emitted into the atmosphere, equivalent to the amount absorbed by 26 trees.</p> |
| <p><input type="checkbox"/> I will turn the thermostat on my gas-fired central heating down by one degree centigrade. Over the year, this will save around 235kg of carbon dioxide being emitted into the atmosphere – the amount absorbed by around 80 trees.</p> | <p><input type="checkbox"/> I will replace my daily bath with a normal shower. This will save 50 litres a day and 18,250 litres over one year, which is more than that used by an entire African family of five over the same period.</p> |